

Shepherd Public School
7842 Shepherd Road
P.O. Box 8
Shepherd, Montana 59079-0008

August 29, 2012

Staff and Parents,

With the beginning of a new year there are some changes coming for our food service program. The USDA has set down many new regulations that will drive our program going forward. Here are just a few that will have the most impact on our students and our District.

- All portions sizes must fit into the new standards for the menu pattern. This will prevent us from offering seconds at any time.
- All students must have a ½ cup of fruit or vegetables when they leave the serving line for the meal to be counted as reimbursable.
- We are limited on our bread and grain servings per week. (8-9 oz for k-5 and 9-10oz for 6-12)
- We must serve at least a half cup portion of beans or legumes each week.
- There must be a half to a cup serving of dark green vegetable or greens each week.
- There must be a half to cup serving of red/ orange vegetable per week.

The kitchen staff is already working on these changes and you will see everything coming to fruition by October.

We will be adding some new items and entrees at the Middle/ High school level this year as well. There will be up to eight different items to choose from on a daily basis.

With all the new changes I would like to see everyone have some understanding and patience with the kitchen staff. It is a lot for them as well.

Sincerely,

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Shepherd Public Schools

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